



MIXED NUT BOWL

Looking for a quick and nutritious breakfast option? Then look no further than this delicious mixed nut bowl. It's a tasty addition to brunch with friends, or a scrumptious way to start the day on your own.

INGREDIENTS:

- 200g mixed nuts
- 1 banana, sliced
- 100g blueberries
- 400g yoghurt
- 1 stick pack each of Nutrilite Balance Within and Nutrilite Fibre Powder

PREPARATION METHOD:

1. Mix the yoghurt with 1 stick pack each of Nutrilite Balance Within and Nutrilite Fibre Powder.
2. Transfer into a bowl and decorate with banana slices, blueberries and nut mix.
3. Add some honey to sweeten

iCOOK PRODUCTS USED:

- 5-Piece Knife Set