



## **GREEN GOODNESS**

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### **INGREDIENTS**

- 20 g spinach, washed
- 1.5 avocados, peeled and chopped
- 1 banana, peeled and chopped
- 100 ml almond milk or water
- 1 sachet NUTRILITE Fibre Powder

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### **PREPARATION METHOD**

1. Place all ingredients and NUTRILITE Fibre Powder into a blender.
2. Blend until smooth.