



ALMOND ENERGISER

INGREDIENTS

- 300 ml almond milk
- 100 g plums, chopped
- 2 pinches of cinnamon
- 10 g NUTRILITE All Plant Protein Powder
- 2 dates, seedless (Optional)

PREPARATION METHOD

1. Place all ingredients and NUTRILITE All Plant Protein Powder into a blender.
2. Blend until smooth.